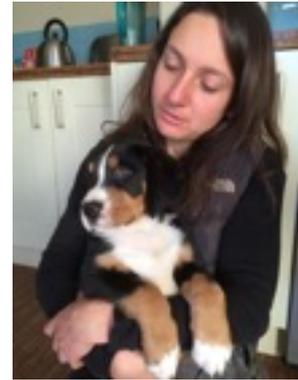




Theseus' Mega Oesophagus Story.



Theseus is a Great Swiss Mountain Dog. He was born on the 8th October 2014 in Ireland, his breeder was Inta Jankovica.

When Theseus was 5 weeks old he was struggling to put weight on, unlike his two brothers, and was bringing his mother milk up regularly. This increased in times when he began to ween off mum. Inta took Theseus to the vets to be checked over and after Xrays he was diagnosed with severe Mega Oesophagus, the vet recommended Euthanasia.

Mega Oesophagus is a condition where the muscles in the oesophagus do not work and food which is transported from the mouth does not get moved down the throat and sits in the oesophagus. If gravity is working in the dog's favour it will drop down into their stomach, if its working against the dog then it will drop out of the dog's mouth. This is regurgitation, food which is brought up before reaching the stomach, rather than vomit which is food forcibly removed from the stomach via the mouth. Vomit is something the dog makes happen, regurgitation is something that just happens.

Inta did not want to see this little puppy, named Angel then, be put down and so went against the vets advice and took him home in the hope of a home for him.

After adverts on closed facebook groups for the breed, I contacted Inta with regard to him. I had researched the illness and felt that this could be something that my therapies could assist with.

To this end, on the 4th December 2014 I met Inta at Holyhead and took Theseus home with me at my therapy centre in the Cotswold in Gloucestershire UK.

Theseus was a decent weight but smaller than his brothers he had a very cheeky attitude and was full of life.

Theseus was 7.5 weeks old when he came to live with me, once he was weened off of his mum, Inta had been feeding him soaked kibble and had made him a tiny bailey chair to



use after feeding.



I had planned to start his therapies straight away and had acquired items to use before he arrived.

I work with Reiki and a few other energy modalities and also Crystals. I also use energetic DNA repair and heal past lives to help in this life.

Some of the therapies used, DNA repair and Past life healing, are very difficult to explain and appreciate however I feel these have really helped Theseus and in particular the DNA repair which showed a marked increase in his journey after the session.

My underpinning motto in all my therapies and training is “Energy follows Intention”. If we intend something to happen generally it does. If we intend someone to act in a particular way, generally they do. This was one major point with Theseus’ journey and with any dog’s journey when they enter the centre, we intend they will recover from their illness or condition and we treat them no different to our “Normal” dogs. My thoughts behind this is that if we dwell on the fact his has a condition and feel sorry for him Theseus will pick up on this and it will effect him. Feeling sorry for an animal offers a lower vibration to them and for healing we need to work in higher vibration.

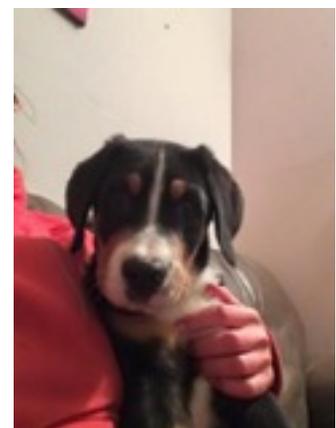


Theseus’ therapy plan was very relaxed and although structured to some point it was very much allowed to run at his pace and he was allowed to chose what he received and when.

I also carry out animal communications and so was able to converse with Theseus to let him know what was going on and what we were going to do.

Theseus was put on three meals a day, over a week transitioned from soaked kibble to raw meat. I feed all my dogs raw meat as it removes the additives found in most commercial dog food and, I feel, is a lot healthier for them.

Theseus was held upright whilst eating and then upright for thirty minutes for the first week. During this time he received his Reiki sessions. A huge block was found on his neck just behind his left ear on the C4 and C6 joint, the majority of his Reiki sessions were directed to this location with the intention of freeing the block, getting the energy flowing again and relieving the pressure on the oesophagus. Once this took hold and energy starting flowing freely here the Reiki was directed to his Base Chakra were there was also a block found. In this time the muscles and Facia around the Stomach and lower rib cage were found to be



tight so Reiki and TTouch application was used to relieve this.



After about one week we began work on Emotional Stress Release on past life issues which he had brought into this life and of which were having an emotional effect on him. Some of these were very traumatic and deep rooted but once healed it showed a freer energy in his energetic profile.

We then carried out some Soul Part Retrieval, this is where emotional and physical pain from this life or the past causes part of the soul to leave and unbalance the body. Using ESR and Reiki the soul parts can be brought back to the energetic body for

balance and wholeness.

After three weeks of these therapies we began Acupressure therapies with crystals. As we are looking at the throat area the throat chakra is involved and crystals with a blue colour are advantageous. I used Lapis Lazuli and Blue Lace Agate to work around the meridians around the throat of which felt blocked.

In addition I used the following crystals in crystal therapy sessions:

Clear Quartz - Master healer

Green Tourmaline - Gentle protection

Pink Tourmaline - Even more gentler protection

Green Jade - Trauma healing

Amber - Absorbs negative energy.

The meridians worked on were the Stomach, Gall bladder, Liver and Bladder meridians in addition to the conception vessel and the governing vessel. In particular the points S36, S40, GB34, CV17, LU7, BL17 and GV26.

ST36 is a major point for the gastrointestinal track and so an important one for this condition. On first working the point it was very sensitive and so finger tip acupressure was used instead of crystals. GB34 is just behind ST36 and was also tender, energetically it influences tendons and ligaments with the function of assisting hypertension and stomach disorders.

BL17 is associated with the blood and the diaphragm and also helps non responsive disorders. Theseus worked this point a lot both finger tip touch and crystal touch on this point.

CV17 was used a lot, it's an easy place to find, the Ventral Midline at the level of the caudal border of the elbow in the fourth intercostal space. This benefits cough, vomiting and respiratory conditions. Whilst it is regurgitation and not vomiting for ME, the regurgitation can cause respiratory conditions. Theseus hadn't regurgitated any food out of his mouth but we can't tell if any food hasn't traveled back up the oesophagus at any point which could cause issues. Working this point was a preventative treatment and for issues we can't see.

GV26 is known as 'Man's Middle'. It helps with cervical, thoracic and lumbar disc issues. As Theseus' cervical discs C4 and C6 were out ever so slightly, causing pressure on the

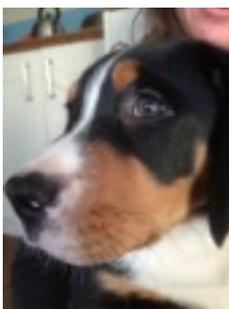
oesophagus, this was an important point to work, however it is located on the vertical line on the upper lip at the level of the lower edge of the nostrils.....

By 24th December 2014 Theseus' 'Sitting up time' had been cut down from thirty minute to seven minutes. He was not regurgitating and was putting on a nice amount of weight for his age. He was placed in his crate after his meal and sitting up so that he remained calm and was monitored very closely for the following few hours.



By the 27th December Theseus began having his meals from an elevated position in his crate and then settling down by himself without having the sitting up time. After his food he would receive distance Reiki whilst he settled still working on the C4 and C6 area.

We worked on a routine for the following few weeks where he would eat his dinner without sitting uptime one day and then give his oesophagus a rest the next by having the sitting time. This seemed to increase his healing process also by not pressurising his system as it was fixing itself and adjusting.



At this point I began to work with his DNA after his approval for doing this. When working with energy healing we see all things as energy and all things have their own vibration. This includes DNA. A low vibration denotes dis-ease and to promote healing we aim to raise the vibration. In altering the vibrational level of the DNA we can alter the replication of the DNA to a healthy repetition and so help with dis-ease and illnesses.

This DNA repair process begins by connecting with the animal (or human) and locating the areas where the vibration of the DNA is lower, then dealing with the emotional or physical attachment which is causing the lower vibration, healing that and bringing the vibration up to a higher level.

This was carried out with Theseus and we found numerous pockets lowered vibrations these were mainly emotional connections and so work was set about healing these issues and raising the vibrational level of his DNA.

After several sessions of this work a vast increase in Theseus' healing took place.

By the 13th January 2015 Theseus was growing large (GSMDs are a large breed dog) and it was becoming difficult to have him sitting by me on the sofa whilst feeding. I had not put him in a bailey chair as I wanted him to understand how to deal with his condition rather than being forced to do it. So from this date we began feeding times from a raised feeder and then resuming a sitting position for a while afterwards. The sitting up time had reduced to a few minutes now so this was feasible. Therapy sessions were carried out during his actual feeding, this was for two reasons. Firstly as the sitting up time had



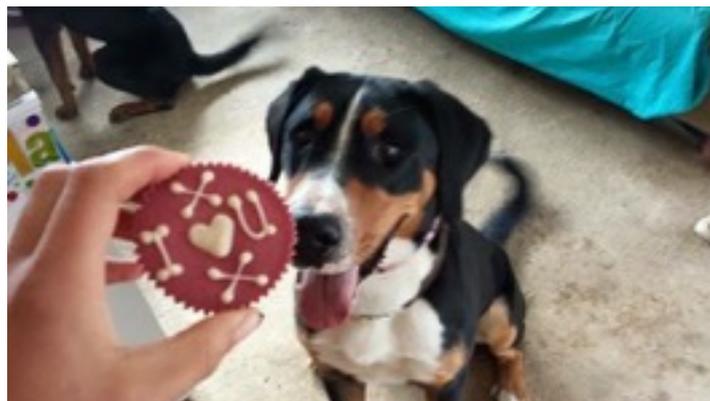
decreased massively it did not leave me a great deal of time to perform the therapies, Secondly I wanted to start energetically working on the muscles and oesophagus whilst he was eating to condition the muscle as we wanted it to work.

By the 15th January 2015 we started to decrease his therapies to try and allow the body to be more self sufficient and deal with the changes by himself. Theseus took to this impeccably and sessions went down to every other day for him.

As February approached Theseus was receiving less and less therapy sessions, only really having them when it looked like he was struggling. His sitting up times slowly decreased to the point that it was thirty seconds and then we began eliminating these sitting up times to the point he would eat his food, from an elevated position, and then just relax like a normal dog.

Once March approached Theseus was not receiving any therapies and was also not eating from an elevated height (Mainly due to breaking the raised feeder!). He was eating and drinking from his bowl on the floor and was keeping everything down. He was putting weight on and growing as a pup of his age should be.

We are in October 2015 and Theseus has celebrated his first birthday, we do not think about him being ME dog at all, he eats like a normal dog and drinks like a normal dog.



All through this process I had one thing in mind, I wanted to work the muscles of the oesophagus to fire up the receptors to begin working correctly. Its not the fact there is no muscle there, its the fact the muscle is not working properly.

Likening it to developing a leg muscle after a femur break, slow steady exercise and activities will increase the muscle and increase the messages sent from the brain to the leg to move in a certain way or brace a certain weight. Also similar to learning to play the piano or guitar. You develop new brain pathways to be able to move finger and wrist muscles in a different way. If this is applied to ME sufferers then the treatment can be looked at in a similar way.



Theseus was never felt sorry for and never treated differently than the rest of the dogs here. Sometimes, subconsciously, we feel sorry for dogs with these conditions and this passes a lower vibration to the dog which can keep them in that state of dis-ease. Keeping an honest high vibration passes onto the dog and raises their

vibration. By this I don't mean 'putting on a brave face' for the dog. Its about what you feel inside not what you try to portray. We got to the point that we would forget he had his condition, his therapies were very mechanical and clinical so as to take away any emotion of 'poor dog'. When out on a walk if he picked something up in the early stages and ate it, we knew it would come back up shortly but instead of stressing over this fact dealt with it, waited for the item to fall back out of his mouth and carried on as if there was nothing to worry about. We chose to see this as 'at least it wont mess with his system by ingesting it' rather than 'oh poor dog is going to bring that up soon'. Obviously by seeing things this way there is also an emphasis placed on the side effects of ME, AP.

Theseus only regurgitated his dinner once when he was with me due to his therapies and his feeding regime. He did however regurgitate a lot of things he picked up when he was very small. He did learn not to eat things whilst out very quickly so this wasn't a large issue for him. With his regurgitating these items signs of AP were always checked for. Theseus never went on antibiotics when he was receiving his therapies. He developed a slight cough for a day at one point but this cleared up that same day. I as in constant communication with my vet who had a prescription of antibiotics for me should I need them, I could collect them at any point. There was never a need for this. I dealt with any AP issues by using preventative measures. These were in the form of acupressure and crystal work.

Theseus is a normally functioning dog now and after only three months of intensive therapies he achieved this. The vet who diagnosed his condition regarded it as severe ME and suggested euthanasia, he couldn't be more healthy as a 13months old dog today.

I have used energy work and crystals in a variety of illness, diseases and traumas and each time have achieved amazing results from it.

I do feel that energy work and crystals is a viable treatment for this condition however it is essential that it is coupled with an environment where the dog is not felt sorry for and that the surrounding people and animals hold a high vibration around the dog.

